

# AQUATIC THERAPY



## What is aquatic therapy?

Aquatic therapy is a physiotherapy treatment that involves moving and exercising in warm water. The warm temperature (34°C) has instant therapeutic effects and lasting benefits. At Moore Miller Physiotherapists we provide individual sessions and group class aquatic physiotherapy for a wide range of conditions, injuries, and illnesses.

## Some conditions we treat

- Arthritis
- Ante- and post- natal conditions
- Spinal cord injuries
- Strokes
- Acute and chronic pain conditions
- Joint replacements
- Scoliosis
- Pre and post surgery rehabilitation
- General fitness
- Long Covid
- Back pain
- Paediatric conditions
- Amputations



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## Contact us



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