



KERYN COWELL
Physiotherapy Inc.

**NEW
CLASSES
STARTING**

PILATES

Gentle classes for all
ages and abilities

**WHERE: Keryn Cowell Physiotherapy
Quadrant Gardens, 31 Wilderness Rd,
Claremont, Cape Town, 7708**

**R200 per person per
class**

CONTACT: +27 21 206 8523

Email: info@keryncowellphysio.co.za



**Individual Pilates sessions are also available.
Please contact us for more information**